



# MINDFULNESS IN THE MOUNTAINS



## BE KIND AND GRATEFUL

This isn't a great place by accident

Respect each other and their activities



## BE A GOOD STEWARD

Pick up your pet's poop and leash your dog

Don't forget to smile, even if you're wearing a mask



## KNOW BEFORE YOU GO

Tune in to avalanche forecasts

Be aware of trail and backcountry etiquette, and know whose property you are on and the kind of activities allowed



[visitsunvalley.com/mindfulness](https://visitsunvalley.com/mindfulness)



SCAN QR CODE FOR MORE INFORMATION



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# RISE TO THE OCCASION THE SUN VALLEY COMMITMENT

## To and from our residents and visitors:

The spirit of Sun Valley is calling you to rise to the occasion. The world has asked us to **adapt to stay healthy** and now we are asking you to take one more step to preserve what we love.

**Sun Valley is a place rooted in smiling faces and welcoming spirits.** We strive to treat everyone kindly and be understanding of their circumstances. If you are here for a visit, know that we will do everything we can to care for you while you are here and hope that, in turn, you'll care for this place by doing what's right to keep yourself and others healthy.

Our outdoor spaces provide us with opportunities to roam, adventure, learn, and rejuvenate. But the infrastructure that provides access to many of these places may be tested. **Be cognizant of the high usage areas, stay patient, and remember to share.** If you're in the know, go to the less frequented spots.

Knowledge is power and **being informed will help us all navigate these uncharted waters** as best we can. Know how to keep yourself safe, accept what best practices businesses might ask from you, and remember that we are all here because we love this place and we want to share it.

Rise to the occasion and **commit to patience, kindness, understanding, and knowledge** as we venture out to write a new normal way of living in the mountains.

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